

What Individuals Can Do to Respond to Sexual and Domestic Violence

1. Learn how to recognize the [signs of abuse](#).
2. Attend a lecture or domestic violence prevention event. Take a friend.
3. Host an information and awareness event with FaithTrust Institute's [educational resources](#) at your home, faith community, or office.
4. Arrange for a guest speaker on domestic violence prevention for your faith community, school, or a community forum. Post materials or resource information.
5. Volunteer with a group that works to change the conditions that perpetuate violence against women.
6. Implement a healthy relationships curriculum, like FaithTrust Institute's [Love—All That and More Curriculum](#), in your school and with your youth groups.
7. Support the safety and well-being of survivors. Give them a copy of [Keeping the Faith, You Are Not Alone, or What Islam Say About Domestic Violence](#).
8. Talk to a teen or adolescent about family violence prevention and intervention. Give them a [website](#) to visit.
9. Memorize the toll-free number for the local or national domestic violence hotline.
10. Talk to family members and friends about the [issues](#) related to domestic violence in our community.
11. Talk about domestic violence prevention on social networking sites and blogs.
12. Ask for your faith community to have a display of local domestic violence prevention and intervention resources.
13. Sign the [National Declaration](#) by Religious & Spiritual Leaders to Address Violence Against Women.

14. Get to know your local domestic violence, sexual assault, elder abuse, and child abuse service providers. Ask for referral cards.
15. Donate to support the programs of [FaithTrust Institute](#).
16. Review the texts, traditions, and values of your religion as resources for addressing violence. Click here to read [A Commentary on Religious Issues in Family Violence](#).
17. Stay current on the issues by signing up for [FaithTrust Institute's newsletter](#).
18. Hear what Marie Fortune has to say about the religious and cultural issues related to abuse on [her blog](#).

Visit www.faithtrustinstitute.org for more resources.