February is Teen Dating Violence Awareness Month

Stop the cycle of violence by helping teens and adolescents in your congregation build healthy relationships.

What Every Congregation Needs to Know About Teen Dating Violence

Violence occurs when one partner tries to maintain control of the other through threatened acts of physical, sexual, emotional or technological abuse.

The facts:

- 1 in 5 teenage girls is a victim of teen dating violence
- 40% of teen girls between 14-17 report knowing someone who has been abused by an intimate partner
- Teen mothers are at high risk for violence from their partners
- Teen girls are significantly more likely to experience violence than their male peers
- There are teens in your congregation with these experiences
### How to Help Teens Build Healthy Relationships

- Learn about teen coercive behavior
- Know the signs of physical and emotional abuse
- Understand how to increase positive relationship skills among teens

### What Congregations Can Do

- Start a teen dating violence awareness ministry
- Encourage teens to learn about healthy relationships
- Support teens in need of services, education, and intervention with referrals and counseling
- Educate everyone: parents, leaders, clergy, counselors, laity, volunteers
- Develop strategies to keep teens safe
- Build a teen dating violence resource center and make resources available
- Establish partnerships with agencies in your community

### Resources

- [teendvmonth.org](http://teendvmonth.org)
- [loveisrespect.org](http://loveisrespect.org)
- [breakthecycle.org](http://breakthecycle.org)
- [chooserespect.org](http://chooserespect.org)
- [faithtrustinstitute.org](http://faithtrustinstitute.org)

**National Teen Dating Violence Hotline 866-331-9474**

### Resources Available Through FaithTrust Institute

Visit [www.faithtrustinstitute.org](http://www.faithtrustinstitute.org)

- DVD Program: *Love—All That and More*
- National Youth Declaration to Address Youth Relationship Violence
- Articles on Healthy Teen Relationships
- Webinar training programs

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**FaithTrust Institute | www.faithtrustinstitute.org | 206-634-1903**