

**ONLINE Teaching Healthy Boundaries 101 & 201**  
**Training of Trainers**  
**Rev. Lydia Mulkey & Lauren D. Sawyer, M.A.**  
**April 25-27, May 5-6, 2022**

### LEARNING OBJECTIVES

This newly adapted online course will equip trainers to teach Healthy Boundaries 101 & 201. It is designed for those persons designated by their judicatory or organization to train clergy and spiritual teachers about healthy boundaries. Whether new to this training assignment or experienced, participants in the course will deepen their own understanding of the issues, explore new challenges, and expand their options for training others.

- Review healthy boundaries fundamentals including power and vulnerability, dating, dual relationships, gifts, personal needs, and self-care.
- Analysis of emerging issues for healthy boundaries and ministry beyond the basics including managing healthy boundaries in a digital world, power and finances.
- Prepare trainers to teach Healthy Boundaries 101 & 201 with practices for effective training.
- Strengthen training skills to increase confidence in presenting this material.
- Provide opportunities to network and strategize with other trainers through large- and small-group in-class discussion, role-play activities, and case studies.

### WHO SHOULD ATTEND

- This course is recommended for experienced trainers who also have background in healthy boundaries and clergy misconduct topics and who are training other faith leaders;
- Those seeking a refresher or new material on boundaries [previously trained by FaithTrust Institute];
- Those who want to learn more about using *A Sacred Trust* curriculum to train local clergy and spiritual leaders about healthy boundaries in ministerial relationships.

### TRAINING FEE INCLUDES

- Five half-day online trainings on Canvas and Zoom (9:00 AM-12:00 PM CST)
- Teaching Healthy Boundaries 101 & 201 Training Kit which includes:
  - *Teacher's Guide* with background information, discussion questions and interactive exercises
  - *A Sacred Trust* DVD (for use with Healthy Boundaries 101)
  - *Teaching Excerpts* DVD and flash drive (for use with Healthy Boundaries 201)
  - Healthy Boundaries 101 Course Workbook
  - Healthy Boundaries 201 Course Workbook
- PowerPoint presentation slides for modules on Power, Social Media, Pornography, Finances, Sexual Harassment, Taking it Back to Your Congregation

### REGISTRATION DEADLINES

- \$750 Early Registration: ends one month before course begins
- \$850 Regular Registration
- \*\*Call for group rates (four or more participants)

### QUESTIONS

Email: [learning@faithtrustinstitute.org](mailto:learning@faithtrustinstitute.org)

Phone: 206-634-1903