

HEALTHY BOUNDARIES

Why This Course?

This course will introduce you to a range of knowledge and resources to equip you with a fundamental understanding of healthy boundaries in teacher-student relationships. We will make connections between cultivating healthy boundaries and effective teaching, and provide some guideposts for developing strategies for self-care and sustainability. The course is highly interactive; students are encouraged to draw upon their practice and experience for individual reflection and group discussion.

"This course covers essentials for Zen Teachers that are not included in our years of Zen Training."

-Joan Hogetsu Hoeberichts

"It's vitally important for anyone who becomes a spiritual teacher."

-Jan Chozen Bays

Customized Curriculum for Buddhist Leaders

- Tailored to the the needs of Buddhist students and teachers
- Led by Buddhist teachers who understand Buddhist communities and contexts
- An essential component of a community commitment to ethical leadership and the principles of trust, integrity, justice, respect, and accountability.

An Online Course for Buddhist Teachers

An Educational Collaboration from White Plum Asanga and FaithTrust Institute

Course Details

The course lasts 5 weeks; each week focuses upon a particular boundaries issue. Most students report spending 2-4 hours per week on the readings, videos, forum discussions, and reflection/ writing.

This updated course includes new material and several live online group discussions with the instructors via Zoom.

The cost of the course is \$300 USD which includes the required course books. Participation is capped at 18 students.

The dates for the upcoming 2020 course are:

October 12-November 13, 2020

[Online Registration Available Now!](#)

<https://store.faithtrustinstitute.org/products/buddhist-healthy-boundaries-101-online-course>

NEW! Scholarships Available

Thanks to a grant from Hemera Foundation, needs-based scholarships are available.

<https://store.faithtrustinstitute.org/pages/scholarship-program-for-buddhist-teachers>

The Instructors

Roshi Susan Myoyu Andersen
Roshi Jan Chozen Bays
Roshi Joan Hogetsu Hoeberichts

Course Outline:

Week I:

Introduction; Boundary Violations

Week II:

Power, Abuse of Power, Transference, and Vulnerability

Week III:

Clergy Sexual Misconduct

Week IV:

Impact on Victims and Sanghas

Week V:

Prevention & Self-Care

"The information in this course can save Buddhist leaders and their sanghas a bunch of money and years of suffering!"

-Jan Chozen Bays

FaithTrust
INSTITUTE

FaithTrust Institute is a national multi-faith non-profit organization recognized for our innovative training and curriculum to prevent and address misconduct and misuse of power within spiritual communities. Founded in 1977 with a mission to end sexual and domestic violence, we have worked with spiritual communities around the world.

QUESTIONS?

FaithTrust Institute
(206) 634-1903

www.faithtrustinstitute.org
LSawyer@faithtrustinstitute.org